



# Medication Guide

c a n c a r d +

## Dry herb vaporisers are your best friend

Vaporisers are a great alternative to smoking: not only is this a more flexible, economic and safe way of getting cannabinoids into your system, they mitigate the chances of concern around passive inhalation and smell complaints. They are easier on the lungs, the pocket and the community.



## Be considerate in public and at home

It goes without saying that you would be mindful of exhaling anything around children or other members of the public. We recommend that you do not vaporise in or around schools and spaces where minors congregate. Please also be mindful of your neighbours and always store your medicine in a safe place as you would any other medication.



## Carrying and division

Some patients like to divide their medicine into small doses or containers for transport, particularly if they are away from home for some time. This is not advisable as during a stop an officer may suspect that sub-division is due to intent to supply.

**Unless you are separating strains, it is advised to only carry what is required in one container. Carbon lined pouches are very handy for keeping smells at bay during a day-trip.**

## Be mindful of side effects

Cannabis-based medicines are incredibly effective for a number of conditions, however as with any drug, cannabis does have side effects so be mindful of how cannabis affects you and be considerate in your actions after medicating, especially any actions that are likely to effect other or cause a safety concern.

